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| **Policy Name and Number:** | **Trauma Informed Care Policy** |
| Date last reviewed: |  |
| Approval or last revision: | DRAFT |
| Approved by: |  |

Upside of Counselling (UoC)assesses and works with all …

* Scope (Purpose) – why the need for this policy?
* What are the underlying principles? Minimum 50 words each:

1. Understanding trauma and its impact
2. Safety
3. Trustworthiness and Transparency
4. Peer Support
5. Collaboration and Mutuality
6. Empowerment, Voice and Choice
7. Cultural, Historical, and Gender Issues

* Description of definitions including:

1. Complex Trauma
2. Complex Post-traumatic stress disorder
3. Cultural Safety and/or Safety
4. Trauma Informed Vs Trauma Specific
5. Vicarious Trauma

* Procedures: (remembering you can refer to other UoC Policy and Procedures)

1. Supporting Clients and/or other workers
2. Referral
3. Emergencies and contingency plans
4. Follow up after incident, reporting and documentation
5. Supervision, reflection and debriefing
6. Risk Management