Counselling Contract

Clients Name: Date:

Name of Participant: Role of Participant:

Counsellor

Goals:

Process for Monitoring Achievements:

**Contract Conditions**

1. This contract may be negotiated at intervals agreed upon by client and counsellor.
2. Clients have the right for a private and confidential service, within the following limits: (a) The counsellor believes the client to be at risk of harming him/herself or harming another (2) The counsellor is subpoenaed by a Court of Law or (3) The counsellor obtains written permission from the client to release information.
3. Client records are to be kept in a secure location. Clients have the right to access their own records, on request.
4. Clients have the right to a competent and professional service.
5. The counsellor reserves the right to refer clients to other professional services when they consider this course of action will be in the best interest of the client.
6. Counselling session will run for up to one (1) hour each.
7. Clients are asked to give 24 hours notice if they are unable to attend a counselling session.

**Please read through the above information carefully and sign where indicated to confirm that you have read and accept the conditions above.**

Client Signature Date

Counsellor Signature Date

Date of evaluation or renegotiation of contract: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_