Behaviour Management Plan Sample

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| **Goals**  | **Objectives** | **Strategies** | **Responsible Person/s** | **Rewards** | **Consequences** |
| Sam to reduce aggressive behaviour.  | Physical aggression at home will be reduced. Sam to use communication and coping skills when frustrated. | Counsellor will develop interventions to address aggression: meditation, breathing techniques etc | Sam Smith, Child Sue Smith, Mother  Steve Smith, Stepfather  | Extra iPad timePlay timePark visit | Loss of TV timeTime out |
| Sam to attend school and reduce aggressive behaviour, while at school | No school absences without a doctor’s note. Sam will interact appropriately with school staff  | School Psych to work with Sam to support behaviour modification strategiesSam to sit in classroom in mornings and read quietly | Jane Brown- School Psych  Sam Smith, Child Sue Smith, Mother  Steve Smith, Stepfather  | Assist teacher with classroom set up | Loss of recessLunch time in Ms Brown’s office |
| Sam and Mum mother will get along better.  | Sam and mother will communicate with one another in a respectful manner.  | Sam and Mum to have “outing” once a week, while David watches other childrenMum will attend Parenting Classes | Sam Smith, Child Sue Smith, Mother  Steve Smith, Stepfather  | Extra iPad timeWeekly outingsAllowed a late night on Saturday | Loss of weekend treatsAdditional chores |

Sam Promises To Follow The Plan\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mum Promises To Follow The Plan\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_

David Promises To Follow The Plan\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_