Behaviour Management Plan Sample

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| **Goals** | **Objectives** | **Strategies** | **Responsible Person/s** | **Rewards** | **Consequences** |
| Sam to reduce aggressive behaviour. | Physical aggression at home will be reduced. Sam to use communication and coping skills when frustrated. | Counsellor will develop interventions to address aggression: meditation, breathing techniques etc | Sam Smith, Child    Sue Smith, Mother    Steve Smith, Stepfather | Extra iPad time  Play time  Park visit | Loss of TV time  Time out |
| Sam to attend school and reduce aggressive behaviour, while at school | No school absences without a doctor’s note. Sam will interact appropriately with school staff | School Psych to work with Sam to support behaviour modification strategies  Sam to sit in classroom in mornings and read quietly | Jane Brown- School Psych  Sam Smith, Child    Sue Smith, Mother    Steve Smith, Stepfather | Assist teacher with classroom set up | Loss of recess  Lunch time in Ms Brown’s office |
| Sam and Mum mother will get along better. | Sam and mother will communicate with one another in a respectful manner. | Sam and Mum to have “outing” once a week, while David watches other children  Mum will attend Parenting Classes | Sam Smith, Child    Sue Smith, Mother    Steve Smith, Stepfather | Extra iPad time  Weekly outings  Allowed a late night on Saturday | Loss of weekend treats  Additional chores |

Sam Promises To Follow The Plan\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mum Promises To Follow The Plan\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_

David Promises To Follow The Plan\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_